

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
YEAR 7	<p>Powerful knowledge</p> <p>LIVING IN THE WIDER WORLD RELATIONSHIPS</p> <ol style="list-style-type: none"> 1. What is PSHE and what are our Huxlow values? 2. How do I cope with change? 3. What changes happen to our body? 4. What makes a good friend? 5. What makes a good team? 6. How do I manage conflict? 7. How do I effectively revise to ensure I have positive progress? 	<p>Powerful knowledge</p> <p>HEALTH AND WELLBEING</p> <ol style="list-style-type: none"> 1. What is mental health? 2. How can I maintain positive emotional well-being? 3. What is anxiety? 4. What is it like to live with anxiety? 5. How can you deal with anxiety and is it normal? 6. What are healthy strategies to deal with anxiety? 7. Assessment 1 and reflection 	<p>Powerful knowledge</p> <p>RELATIONSHIPS</p> <ol style="list-style-type: none"> 1. Families – What are the different types, and does it matter what kind of family I have? 2. How do I make and keep positive friendships? 3. How do we maintain safe and positive relationships? 4. Bullying or banter? What is and isn't acceptable? 5. What are different types of bullying? 	<p>Powerful knowledge</p> <p>HEALTH AND WELLBEING RELATIONSHIPS LIVING IN THE WIDER WORLD</p> <ol style="list-style-type: none"> 1. What is consent and why is it important? 2. What does a healthy lifestyle look like? 3. What is obesity and the impact on individuals in society? 4. Self-esteem – how can I make sure that I look after my own self esteem? 5. Assessment 2 and reflection. 	<p>Powerful knowledge</p> <p>LIVING IN THE WIDER WORLD</p> <ol style="list-style-type: none"> 1. How can I successfully manage my money? 2. What are the implications of savings, loans and interest rates? 3. How can we make ethical financial decisions? 4. What are the different types of financial transactions? 5. What is first aid? 6. How do I administer CPR? 	<p>Powerful knowledge</p> <p>LIVING IN THE WIDER WORLD</p> <ol style="list-style-type: none"> 1. What does it mean to be British? 2. Why does politics matter and what does it do for me? 3. What is the role of the Local/National government and my MP? 4. How would I rule the country? 5. Revision and AP3. 6. What is charity and why do people give?

YEAR 8

Powerful knowledge

**HEALTH AND WELLBEING
LIVING IN THE WIDER
WORLD**

1. What are emotions and how do they affect me?
2. What does a healthy self-esteem look like?
3. How do I keep good dental health?
4. How do I maintain good personal hygiene?
5. Why is sleep so important?
6. How do I maintain a healthy lifestyle?
7. What is mental health and how do you seek help?

Powerful knowledge

HEALTH AND WELLBEING

1. How can I maintain positive emotional well-being?
2. What is depression?
3. What is it like to live with depression?
4. What can be the negative impacts of depression?
5. Why does social media affect mental health?
6. What needs to be done in the UK to support mental health?
7. Assessment 1 and reflection

Powerful knowledge

RELATIONSHIPS

1. What is consent and why is it important?
2. Why is it so risky to send explicit content?
3. What is fertility and what are the different routes into parenthood?
4. Domestic conflict – why do people run away from home and why is this so dangerous?
5. How can we avoid teenage pregnancy?

Powerful knowledge

**LIVING IN THE WIDER
WORLD**

1. What are the British Values and why are they important?
2. What are the British Values and why are they important?
3. Who are the different political parties and what do they stand for?
4. How can British Values be used to challenge discrimination - homophobia?
5. Assessment 2 and reflection

Powerful knowledge

HEALTH AND WELLBEING

1. Human Rights – Where do we draw the line?
2. What are addictive substances and what do they do to a person’s body and mind?
3. How do cigarettes, vaping and alcohol impact a person’s health?
4. Why are energy drinks banned for under 16s?
5. Is it right that cannabis is legal for medical purposes?
6. What are risky behaviours and what are the consequences?
7. How can I manage and assess risks?

Powerful knowledge

**HEALTH AND WELLBEING
RELATIONSHIPS**

1. Internet safety – what is online grooming and why must we be so careful?
2. How can we keep safe and positive relationships?
3. Pregnancy, adoption, and abortion – What does this look like?
4. What are stereotypes, prejudice, and bullying?
5. What can we do to stand up against stereotypes, prejudice, and bullying?
6. Revision and AP3

YEAR 9

Powerful knowledge

**HEALTH AND WELLBEING
LIVING IN THE WIDER
WORLD**

1. What is FGM and why is it dangerous?
2. What is a young carer?
3. What is disability and how do I treat those with a disability?
4. What first aid do I need to know?
5. How do I use CPR to save someone's life?
6. How do I effectively revise to ensure I have positive progress?

Powerful knowledge

HEALTH AND WELLBEING

1. What is mental health and how do I seek help?
2. How can I maintain positive emotional well-being?
3. What is self-harm and what are the causes?
4. What are eating disorders?
5. What is it like to live with an eating disorder?
6. Revision and AP1.
7. What are the suicide statistics and what can we do to reduce this? (+ men's mental health)

Powerful knowledge

**RELATIONSHIPS
LIVING IN THE WIDER
WORLD**

1. What is pornography and why can it be dangerous?
2. What is domestic violence/ coercive control and what are abusive relationships?
3. What is coercive control and what can it look like?
4. What is sexual harassment and harmful sexual behaviour?
5. What can CSE look like?

Powerful knowledge

**LIVING IN THE WIDER
WORLD**

1. What is fake news?
2. What is money laundering and why are some people taken in by this crime?
3. What is online fraud?
4. How can I develop interpersonal skills to help me succeed?
5. Assessment 2 and reflection.

Powerful knowledge

**LIVING IN THE WIDER
WORLD**

1. How do I present myself to the world?
2. How does the criminal justice system work?
3. What is overt and covert racism and why are people still prejudiced?
4. How can we prevent radicalisation and recognise the signs of extremism/How are we protected?
5. How can we prevent radicalisation and recognize the signs of extremism?
6. What is gang culture and county lines?
7. What are the risks of organized crime?

Powerful knowledge

**HEALTH AND WELLBEING
(Dove Project Campaign)**

1. What are appearance ideals in the UK?
2. What do comparisons look like in the UK?
3. How do we banish body talk in the UK?
4. Why is it important to be anti-social media in the UK?
5. Our campaign to lead change. (Student Project)
6. Revision and AP3 (Peer mark)

YEAR 10

Powerful knowledge

LIVING IN THE WIDER WORLD

1. County Lines – what is this and how are young people being exploited?
2. What is anti-social behaviour and how does this affect communities?
3. What is a young offender and what impact does this have?
4. What is guilty by association and what does this look like?
5. Why do some people become homeless and why is homelessness on the rise?
6. How to revise effectively. Revision and end of topic test.

Powerful knowledge

HEALTH AND WELLBEING

1. Can tattoos and piercings be dangerous?
2. How can we manage social worries and conflict successfully?
3. What is binge drinking, what are the risks and why do people still do it despite the risks?
4. Why is social media considered a negative influence today?
5. How much is too much screen time and why does it matter?
6. Why do we need sleep and how does sleep deprivation affect us?
7. Assessment and reflection

Powerful knowledge

RELATIONSHIPS

1. What are forced and arranged marriages and what do we need to know?
2. Revenge Porn – what is this and how can we prevent ourselves from being victims?
3. Harmful sexual behaviours and sexual harassment – what are these and what does the law state about it?
4. What do different family units look like?
5. Being a new parent – what is this like and why can it be so challenging?

Powerful knowledge

HEALTH AND WELLBEING

1. What is sexism, gender prejudice and stereotypes and why does it still exist?
2. What is body shaming and how does this affect people?
3. What are the illegal substances that affect young people today?
4. How do my lifestyle choices affect me?
5. Assessment and reflection

Powerful knowledge

RE CURRICULUM

1. How do Jews and Christians express their belief in a messiah?
2. How do Muslims express their belief in the Shahadah?
3. How do Hindus express their belief in reincarnation?
4. How do Buddhists express their belief in dukkha (suffering)?
5. How do Sikhs express their belief in seva?
6. How do humanists express their belief in atheism?

Powerful knowledge

LIVING IN THE WIDER WORLD

1. What rights do we have as consumers?
2. How can I stay financially savvy and avoid debt?
3. What are my future options?
4. How do I present myself in the working world?
5. Assessment and Reflection

YEAR 11

Powerful knowledge

LIVING IN THE WIDER WORLD

1. What is a CV and how do I write a CV?
2. What interview skills do I need?
3. What do we mean by work skills?
4. Perseverance vs Procrastination

Powerful knowledge

LIVING IN THE WIDER WORLD

1. Why is gambling so addictive and how do online gambling sites use it?
2. What impact can debt have and how can I avoid it?
3. How do we budget and what are the benefits?

Powerful knowledge

**RELATIONSHIPS
LIVING IN THE WIDER WORLD**

1. What makes a healthy relationship and is it best to wait for someone you care about?
2. What are the different types of relationships?
3. Consent, rape, and sexual harassment – how can we establish clear sexual boundaries?

Powerful knowledge

**HEALTH AND WELLBEING
LIVING IN THE WIDER WORLD**

1. What is homophobic, biphobic and transphobic bullying?
2. What is the role of a citizen, human rights and the government?
3. What does the law say about marriage and co-habitation?
4. What do I need to know about fertility and our reproductive health?

Powerful knowledge

RE CURRICULUM

1. What is the utilitarian approach to lying?
2. What was Descartes' approach to dualism?
3. What is the Situation Ethics approach to euthanasia?
4. What is the feminist approach to abortion?

POST 16

Powerful knowledge

LIVING IN THE WIDER WORLD

- Expectations and organization for sixth form – Induction tasks
- Time management
- Charity
- University talks and next steps pathways
- Mental health and the impact of sport – sports events
- Study skills programme
- Votes for schools and democracy

Powerful Knowledge HEALTHY RELATIONSHIPS

- Understanding the values that should apply to a healthy relationship.
- To understand consent and the moral and legal responsibilities that someone has.
- To understand the emotional, physical, social and legal consequences of failing to respect others’ right not to give or to withdraw consent.
- Recognising different forms of abuse and what an unhealthy relationship can look like.
- Recognising the signs of sexual abuse and exploitation, and how to report this.
- **RS Global relationships – Honour killings**

Powerful knowledge LIVING IN THE WIDER WORLD HEALTH AND WELLBEING

- Understanding what mental health is and how to protect our mental health
- Understand how to keep safe online and dangers around online safety
- Happy child agency; external. Mindset for exams and keeping mentally healthy
- Mental health and the impact of sport – sports event
- Asking for help – who do we turn to?
- **RS Global views – Buddhism. Mindfulness and meditation**

Powerful knowledge LIVING IN THE WIDER WORLD CAREERS

- Futures week launch
- Thriving at university and student finance
- Post -16 life
- Lifesaving and understanding blood donation
- Financial education
- **RS Global support – Charity and helping others**
- **RS Medical ethics**

Powerful knowledge HEALTH AND WELLBEING

- Revision strategies and coping mechanisms